

3RD EDITION

JUDITH GILFORD

THE PACKING BOOK

Are you an over-packer? Do you pack your entire closet for a trip, yet still manage to forget one or two crucial items?

Do you take forty pounds of luggage when all you need is a bathing suit, shorts, and T-shirt? Do you wait until the last minute to pack and end up struggling to close the suitcase as you leave for the airport? Are you tired of waiting at airport carousels, losing luggage, and being weighed down? It doesn't have to be this way!

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